

Pitch your Care Research Idea – Application Form

Example

The below is not a real project! It is to provide an example of the details we expect in the pitch application form.

Applicant name:
Institute / Organisation:
Email:
Project Title
<i>Does exercise extend life for someone living with MND?</i>
Research Question / Hypothesis What are you trying to answer What is the gap / unmet need
<ul style="list-style-type: none"> • If exercise is beneficial for a person living with MND. • Literature around exercise is contradictory – this study aims to address some aspects, taking into account a person’s preference, exercise history and monitoring it against blood biomarkers.
Motivation Why is this important to people living with or affected by MND
<ul style="list-style-type: none"> • <i>For some people, exercise is important for both their physical and mental health.</i> • <i>However, evidence around exercise for people with MND is contradictory.</i> • <i>This research will aim to address some of the contradictions, and provide recommendations around the amount of exercise a person may do to maintain a good quality of life, while limiting risk.</i>
Project Plan How will this be done? Include:
<ol style="list-style-type: none"> 1. Brief description of the project plan 2. Budget
<p><i>We are planning to</i></p> <ol style="list-style-type: none"> 1. <i>Survey people living with MND on their experiences around exercise</i> 2. <i>Asking 10 people with MND to test an exercise protocol at home or in clinic</i> 3. <i>Take blood samples @ 6 months apart from the 10 people who participate in the exercise arm</i> <p><i>Budget:</i></p> <ol style="list-style-type: none"> 1. <i>Staff cost: \$120k</i> 2. <i>Remuneration: \$6000</i> 3. <i>Consumables: \$3000</i>
Collaboration

<p>Who else needs to be on the project? List potential co-investigators and collaborators, including their roles in the project. (Roles in project are required, but "Name" and "Institute and Title" can be left blank)</p>		
Name	Institute and Title	Role in Project
	MND physiotherapist	Provide support on exercise design
	Qualitative researcher	Provide support on the design and analysis of interview questions
	Expert in blood biomarkers	Biomarker analysis
Further comments on collaboration (if required)		
<p><i>Collaborators are all on board.</i></p>		
PLEx engagement and involvement		
<p>How will people with MND be involved and engaged with?</p> <ul style="list-style-type: none"> • <i>Develop an advisory panel that involves 2 x ppl with lived experience to aid in the co-design of survey questions, and the design of the types of exercises that can be done in clinic or at home.</i> • <i>Involve people with MND in the analysis of the data</i> • <i>Involve people with MND in communicating the outcome of the research project to the broader MND community at project completion.</i> 		